

Upon submitting this entry form, I waive any and all rights and claims for myself, heirs and assigns for any personal and/or property damage I may have against the sponsors, organizers, agents, or anyone acting in their behalf for the organization of this event. The entry form will also authorize the release of my name and photo to the media.

\_\_\_\_\_  
Signature of Participant or Adult

Name\_\_\_\_\_

Phone\_\_\_\_\_

Address\_\_\_\_\_

Sex: M or F

City/State/Zip\_\_\_\_\_

Age (as of 7/13/21) \_\_\_\_\_

T-Shirt Size: Adult S M L XL 2XL 3XL  
Child YS YM YL  
(Circle one)

Registration Fee: \$10 \$15 \$20  
(Circle one)

\$10 per entry fee family group of 4 or more to June 28  
\$15 per entry fee to June 28  
\$20 per entry fee June 28 to July 10

Email address: \_\_\_\_\_

Entry fees are payable to Boss Cowman Fun, Run & Walk. Submit completed form to:  
Hands on Health, Inc. 601 Main Ave Lemmon, SD 57638 (605) 374-5844  
Email - bosscowmanfunrunwalk@hotmail.com

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